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# The GlamTwinz Guide To Longer, Healthier Hair



## Synopsis

The GlamTwinz Guide To Longer, Healthier Hair is about confidence and loving the way you look. But that is always easier said than done. Full, lush hair sounds wonderful, but is it obtainable, especially without the help of chemical relaxers? Kelsey and Kendra Murrell, better known as the GlamTwinz on YouTube, show young women how to take care of their hair in order to avoid breakage, tame frizziness and generate natural shine. In their debut book, the long hair beauties share an in-depth guide to achieve your hair goals! The GlamTwinz expand on their viral video: "Top 10 Tips to Grow out Long HEALTHY Hair," and reveal even more secrets and answers to viewer follow-up questions, while exploring their own personal hair struggles and triumphs.

## Book Information

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## Customer Reviews

This book is very informative and I must say I am a fan and do follow the glamtwinz on youtube and when they said they were coming out with a book that goes into deeper detail on how to take care of your hair I was excited. Well, it took me only two hours to finish the book and I found that the information presented is the same information when I do research online or watch other hair guru's on youtube. I expected it to be more detailed than their "tips to grow long healthy hair" video and I found that there was no difference at all. You could read the book and watch their videos or do research online and learn the exact same thing for free!! Needless to say, I am returning the book the next day after getting it in the mail, and I would recommend other people to save their money and do research about hair online; you are not missing out on anything if you don't buy this book.

I haven't finished the book but it's only 10 chapters, it touches every thing that they have spoken about on their YouTube videos but just a little more in depth with confessions about their hair journey. I like the fact that they added pictures but personally I believe that they could've just said everything in a video but books lasts longer and make more money (I think ')

I really want to leave a glowing review for this book. It's a good start for anyone but there's nothing like having the girls react to and recommend specific products. Their YouTube has a very unscripted and natural "girl talk" feeling but this book hits you over the head with unnecessary descriptors and use of "moreover", "furthermore", and "nevertheless" that makes it read like an 5th grader trying to hit the minimum word count for an essay. The confessions sections of the book have a little bit more of the personality shining through. To me this book's downfall is sloppy editing. Lack of commas and a few misspellings leave it with an unprofessional feel. If a good editor could have cut some of the dragging or repetitive paragraphs, used a reliable spell check and proper punctuation this would be fabulous. More of a 2 star read as a published piece and you'll be really disappointed if you follow their YouTube channel but I really wanna support these girls so I gave them 4.

It was an okAy book but it's basically a reiteration of their video from a few years back. I bought it because I am a strong supporter of the Glamtwinz and I will continue to support them.

Kelsey & Kendra did a Awesome job at conveying most of their YT hair tutorials into their debut Hair Guide! It's definitely a must read for those that really do enjoy watching the "GlamTwinz" demo their hair care processes. This guide is an easy-to-read instructional book, that any comprehending reader can enjoy. I support you two Beautiful Blossoming sisters, & hope you continue to be successful Instructional Y'Tubers we love!

It was truly a quick read! I loved how they touched on the importance of trimming because I know as one who chooses to wear her hair natural that trimming is not the most exciting, but it's very needed. And after reading that chapter I booked an appointment to trim my hair for the first time professionally. And it was actually really nice and I didn't loose a lot of hair. So yes I believe this is a great read and you should definitely buy it if you wish to grow long and healthy hair.

This book has personal stories and examples that we all can relate to. I'm learning so much more

about heat damage, retaining length by protecting your ends. I'm now using leave in conditioner, less heat, putting my hair up in a bun & moisturizing my hair a lot when it's in a bun. I have relaxed hair but I think these tips are still helping me. Now that I shampoo only my scalp & not the ends, my scalp isn't dry & itchy. """"

Great book for any hair type but great for black women or men wanting to grow long healthy hair. But girls we still expect tutorials lol.

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